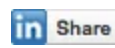


Why I'm Recommending Medicinal Mushrooms

From: Susan Wallace Acupuncture (susan_wallace_acupuncture@mail.vresp.com)

To: billcollins50@yahoo.com

Date: Wednesday, July 1, 2026 at 04:58 PM UTC



Healthy Living Newsletter July 2026

Hi Everyone,

If you've been to my office recently, you've probably heard me talk about the many health benefits of medicinal mushrooms. I regularly recommend **Real Mushrooms** because they provide pure, high-quality mushroom extracts that are carefully grown, tested, and verified for potency—without the fillers commonly found in many other brands.

Real Mushrooms is offering my patients an exclusive 20% discount on all orders until the discount ends on July 17, 2026.

[Click here to receive your 20% discount](#)

Medicinal Mushrooms Benefits

Medicinal mushrooms have been extensively studied for their ability to support the immune system, brain health, cardiovascular health, healthy aging, and overall wellness. Many are also being researched as supportive therapies for fertility, cancer care, neurological health, and other chronic conditions.

If you're not sure where to start, here are a few of my favorites:

- **Five Defenders** – Daily immune support and seasonal wellness
- **Lion's Mane** – Brain health, memory, and mental clarity
- **Reishi** – Stress support, relaxation, and heart health
- **Cordyceps** – Energy, lung function, and athletic performance
- **Chaga** – Powerful antioxidant and immune support
- **Tremella** – Healthy skin, hydration, and digestive support

I encourage you to take advantage of this special offer while it's available. If enough patients participate, Real Mushrooms may continue offering this discount in the future.

Click here to receive your 20% discount and shop now. Click on the “Redeem Offer” button. Then click the code to redeem your discount. X out the code box. And proceed to the Real Mushroom products listings.

As always, if you have questions about which mushroom or combination is right for you, feel free to ask at your next appointment.

Be well,

Susan Wallace, L.Ac.
510-559-8700

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